



HOW EFFECTIVE ARE YOU AGAINST BACK TALK?

1. ***Your 4 year old child is in the grocery store and begins to throw a tantrum because you won't buy a toy she saw when she walked in. You:***
 - a. threaten her with no dessert tonight if she doesn't stop her behavior.
 - b. lean over her and ask her sweetly if she understands why you won't get the toy.
 - c. grab her up and shake her.
 - d. leave immediately with no comment.

2. ***Once in the car, you:***
 - a. lecture her about how badly she behaved.
 - b. say nothing and turn on the radio to listen to music.
 - c. tell her that you will never bring her to the grocery store again.
 - d. beg her to please not ever do that again.

3. ***Your 6 year-old- son whines that he doesn't want to set the table tonight. You:***
 - a. put the food you have cooked away and sit down to read the paper.
 - b. lecture him about how little he does around the house and this is not asking too much.
 - c. send him to his room for a time out.
 - d. set the table.

4. ***When the children then ask you about dinner, you:***
 - a. get up and get it on the table.
 - b. say that the table was not set in time and so you are taking the night off.
 - c. lecture them about what happens when someone doesn't do his job.
 - d. use guilt to make them feel bad about how hard you've worked and how little they appreciate what you do.

5. ***You are in the car about to leave home to take your 11-year-old to her dance class. She has been dawdling about changing into her dance clothes. She gets upset when you tell her that you have to make a quick stop to pick up the dry cleaning on the way and rudely accuses you of trying to make her late. You:***
 - a. agree not to go to the dry cleaners and make an extra trip later.
 - b. yell at her for speaking to you in that manner and argue that it is her fault that she is late.
 - c. get out of the car and go in the house without comment to get on with things you have to do.
 - d. threaten to tell her father how she spoke to you.

6. ***When you are back in the house, she storms in and continues her assault with how the teacher will be angry with her for not showing up to rehearse for the recital coming up in two months. You:***
 - a. go into the bathroom, get in a nice warm tub and relax.
 - b. give in and take her to class although she will be very late.
 - c. tell her how selfish and verbally abusive she is.
 - d. point out all the things you do for her and how little she does for you.